



Promoting the highest quality of rehabilitation for people with stroke

**Wednesday 13<sup>th</sup> June 2018**

**Dalhousie Building, University of Dundee**

***Delivering the Dose: strategies for effective stroke rehabilitation***

**Programme**

<b>09.30</b>	<b>Registration and Coffee Exhibition and Poster Viewing</b>
<b>10.00</b>	<b>Opening address and Housekeeping</b> <i>Dr. Jacqui Morris, SSAHPF Chair, University of Dundee</i>
<b>10.10</b>	<b>Symposium 1: Implementing evidence into practice: how are we doing?</b> <i>Chair: TBC</i>
10.10	<b>What factors influence the frequency and intensity of therapy provision in stroke units? Findings for the ReAcT study.</b> <i>Dr. David Clarke, University of Leeds</i>
10.35	<b>Delivering intensive upper limb rehabilitation: Does it work, and what is it?</b> <i>Fran Brander and Kate Kelly, University College London NHS Foundation Trust</i>
11.05	<b>Panel discussion: All symposium speakers</b>
<b>11.15</b>	<b>Comfort Break</b>
<b>11.25</b>	<b>Free Paper session 1 (15 minutes each with 5 minutes for questions)</b> <i>Chair: TBC</i>
11.25	<b>Important landmarks in stroke survivor recovery – does use of a Goal Setting and Action Planning (G-AP) framework contribute to their achievement in community rehabilitation settings?</b> <i>Dr. Lesley Scobbie, Nursing Midwifery and Allied Health Professions Research Unit at Glasgow Caledonian University</i>
11.45	<b>Increasing physical activity and reducing sedentary behaviour in stroke survivors with the use of a personalised behavioural intervention: A feasibility study.</b> <i>Hayley Connell, Glasgow Caledonian University</i>
12.05	<b>Wristband Accelerometers to motiVate arm Exercise after Stroke (WAVES): a pilot randomised controlled trial.</b> <i>Ruth Da Silva, Newcastle University</i>
<b>12.25</b>	<b>SSAHPF Annual General Meeting</b> <i>Dr. Jacqui Morris, SSAHPF Chair, University of Dundee</i>
<b>12.25 – 13.40</b>	<b>Lunch, exhibition &amp; poster viewing</b>

<b>13.40 –</b>	<b>Symposium 2: Supporting self management in the community</b> <i>Chair: TBC</i>
13.40	<b>Aphasia: Optimising therapy through collaboration.</b> <i>Sheena Borthwick, NHS Lothian</i>
14.10	<b>The Stroke Ness initiative</b> <i>Steven Boyle, Strokeness and Paula Young, NHS Highland</i>
14.40	<b>Panel discussion:</b> <i>All symposium speakers</i>
<b>14.50</b>	<b>Free paper session (15 minutes with 5 minutes for questions)</b> <i>Chair: TBC</i> <b>Self-managing using the Digital Talking Mats</b> <i>Dr. Joan Murphy, Talking Mats Ltd.</i>
<b>15.10</b>	<b>Coffee / tea / exhibition and poster viewing</b>
<b>15.40</b>	<b>Updates (10 minutes each with 5 minutes for questions)</b> <i>Chair: TBC</i>
15.40	<b>Scottish Stroke Improvement Update:</b> <i>Mrs. Katrina Brennan MBE</i>
15.55	<b>Chest Heart Stroke Scotland Update:</b> <i>Ms. Barbara Dalgetty, CHSS</i>
16.10	<b>Moving on: next steps for the SSAHPF:</b> <i>Dr. Jacqui Morris, SSAHPF Chair, University of Dundee</i>
<b>16.25</b>	<b>Poster prize giving and closing remarks</b> <i>Dr. Jacqui Morris, SSAHPF Chair, University of Dundee</i>
<b>16.30</b>	<b>Close</b>